



MEDICA DEPOT

**ZO® RETINOL SKIN  
BRIGHTENER 0.25  
Product Specifications**

At ZO® SKIN HEALTH, our aim is to provide a comprehensive range of solutions that will restore skin to a healthy state. From correcting sun damage and pigmentation to preventing new damage + protecting against future damage, ZO® has you covered.



# RESTORING SKIN HEALTH

## A SYSTEMATIC APPROACH

*ZO® offers a simple, comprehensive approach to creating and maintaining healthy skin.*

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### STEP 1 GETTING SKIN READY®

Healthy skin starts with the basics. Bring skin back to its most healthy, balanced state for clear complexion, regardless of skin type.

### STEP 2 PREVENT + CORRECT

A wide range of products that help correct skin issues from acne + rosacea to hyperpigmentation + ageing while preventing future damage.

### STEP 3 PROTECT

ZO® Sunscreens offer Triple-Spectrum Protection™ to protect against sun + light damage.

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STEP 1

# GETTING SKIN READY<sup>®</sup>

*Cleanse. Exfoliate. Tone.*





ZO SKIN HEALTH  
BY ZEIN OBAGI MD



DUAL ACTION SCRUB  
Gommage double action

Net Wt. / Poids Net 116 g / 4 Oz.

## STEP 1 GETTING SKIN READY®

### ZO® GSR®

GSR® is the essential first step toward achieving healthy skin. It is a simple system of cleanse, exfoliate and tone – working synergistically to restore skin to a healthy state and to optimise the effectiveness of any preventative or corrective products.

## Cleanse



### GENTLE CLEANSER ALL SKIN TYPES

An effective glycerin and botanical blend that gently cleanses away oil and impurities, leaving skin refreshed and hydrated.

200 mL / 6.7 Fl. Oz.



### EXFOLIATING CLEANSER NORMAL TO OILY SKIN

This gentle exfoliating cleanser rids the skin of dirt and surface oils. Micro-beads exfoliate to unclog pores, while vitamin E provides antioxidant properties.

200 mL / 6.7 Fl. Oz.

### CLEANSE

- Normalise skin with proper cleansing
- Remove surface debris

### EXFOLIATE

- Promote exfoliation to improve circulation
- Enhance product penetration
- Remove dead skin cells

### TONE

- Control oil
- Restore pH
- Soothe dry skin

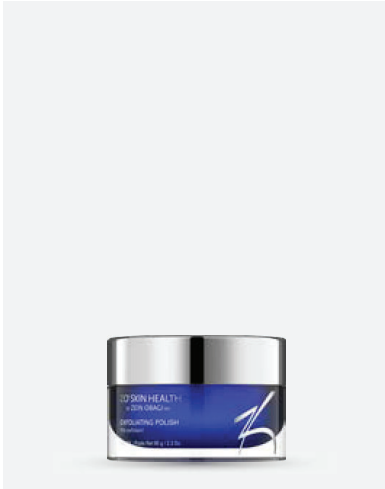


### HYDRATING CLEANSER NORMAL TO DRY SKIN

This dual-action cleanser combines glycerin and allantoin to soothe sensitive skin, while cleansing away oil and makeup.

200 mL / 6.7 Fl. Oz.

*Exfoliate*



**EXFOLIATING POLISH**

Magnesium crystals exfoliate dead skin cells to create a clear, smooth and eventoned complexion.

Net Wt. 65 g / 2.3 Oz.



**DUAL-ACTION SCRUB**

Dual-action exfoliation helps remove dead skin cells and excess surface oil that can lead to clogged pores.

Net Wt. 116 g / 4 Oz.

*Tone*



**COMPLEXION RENEWAL PADS**

Moistened pads help minimise surface oil and exfoliate pore-clogging dead skin cells and dirt.

60 Pads



**OIL CONTROL PADS ACNE TREATMENT**

For maximum-strength acne prevention, these oil control pads are formulated with 2% salicylic acid to clear acne, minimise surface oil, and reduce the appearance of pores.

60 Pads



**CALMING TONER pH BALANCER**

Calming, pH-balanced toner that removes impurities and invigorates weak and sensitive skin.

180 mL / 6 Fl. Oz.

STEP 2

# PREVENT + CORRECT

*Anti-Aging. Brightening. Redness. Acne.*





ZO SKIN HEALTH  
BY ZEIN OBAGI, MD



DAILY POWER DEFENSE  
Protection efficace  
quotidienne

90mL / 1.7 Fl. Oz. U.S.

## STEP 2 PREVENT + CORRECT / ANTI-AGEING

### PREVENT + CORRECT

Products to address specific skincare concerns. These include products ranging from preventative daily skincare programmes, which keep skin healthy and prevent future damage, to aggressive programmes that target repair and restoration.



#### DAILY POWER DEFENSE

Designed to diminish lines and wrinkles, and to address future damage, this powerful antioxidant serum supports the skin's natural DNA repair process + helps restore barrier function and skin health.

50 mL / 1.7 Fl. Oz.



#### FIRMING SERUM

This lightweight serum, with ZCORE™ complex, supports the visible improvement of firmness and sagging, for a more defined facial contour.

47 mL / 1.6 Fl. Oz.

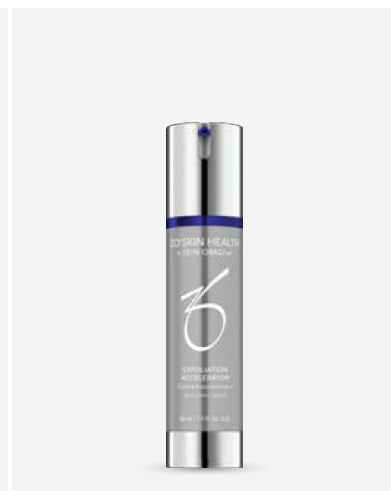
ZO® products focus on using a wide range of ingredients such as high-potency retinols, alphahydroxy acids, growth factors, vitamin C and many others to provide a comprehensive offering of products to repair every skin concern.



#### 10% VITAMIN C SELF-ACTIVATING

This potent anti-aging dose of vitamin C brightens and redefines skin, promoting a more even skin tone, and minimising fine lines and wrinkles for a smoother complexion.

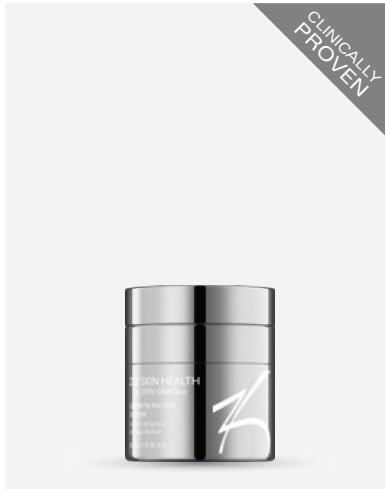
50 mL / 1.7 Fl. Oz.



#### EXFOLIATION ACCELERATOR

Brighten skin and unclog pores with this glycolic and lactic acid complex that exfoliates cells while also calming skin with a soothing blend of aloe, green tea and chamomile.

50 mL / 1.7 Fl. Oz.



**GROWTH FACTOR SERUM**

This lightweight gel, with ZPRO® complex, supports skin rejuvenation, reduces the appearance of expression lines and wrinkles, and protects against future signs of ageing.

30 mL / 1 Fl. Oz.



0.5% RETINOL

**WRINKLE + TEXTURE REPAIR**

Formulated with retinol and antioxidants, Wrinkle + Texture Repair supports the visible improvement of skin's texture, firmness and colour tone, while reducing the appearance of fine lines and wrinkles.

50 mL / 1.7 Fl. Oz.



1% RETINOL

**RADICAL NIGHT REPAIR**

This anti-ageing treatment, formulated with microencapsulated 1% retinol, improves texture and uneven pigmentation, and diminishes fine lines and wrinkles for a more youthful skin tone.

60 mL / 2 Fl. Oz.



**INSTANT PORE REFINER**

This lightweight serum, combining the powerful ZO-RRS2® and ZOX12® complexes, tightens pores, smooths skin texture, and reduces surface oils for an instantly matte finish.

Net Wt. 29 g / 1 Oz.



**ENZYMATIC PEEL**

This rejuvenating at-home peel soothes and hydrates your skin for a smoother texture and brighter appearance.

50 mL / 1.7 Fl. Oz.

## STEP 2 PREVENT + CORRECT / ANTI-AGEING

### THE FACTS ABOUT AGEING

Age. Genetics. Diet. Stress. Environment. Sun. Over time, these factors contribute to the visible signs of ageing, which can include the appearance of fine lines, wrinkles, dullness, uneven skin tone and the loss of natural hydration. ZO® Phases of Ageing programmes are specifically designed to address both the visible signs and key triggers of ageing at every phase.

ZO® SOLUTION	VISIBLE SIGNS	BIOLOGICAL ACTION
DAILY SKINCARE PROGRAMME	<ul style="list-style-type: none"> <li>• Early fine lines</li> <li>• Dullness and dehydration</li> <li>• Enlarged pores</li> </ul>	<ul style="list-style-type: none"> <li>• Slow skin renewal</li> <li>• Reduced hydration</li> <li>• High oil gland activity</li> </ul>
ANTI-AGEING PROGRAMME	<ul style="list-style-type: none"> <li>• Fine lines and early signs of wrinkles</li> <li>• Early signs of sagging near eyes</li> <li>• Uneven skin tone</li> </ul>	<ul style="list-style-type: none"> <li>• Reduction in collagen and elastin production</li> <li>• Moderate drop in hydration production</li> <li>• Uneven pigment distribution</li> </ul>
AGGRESSIVE ANTI-AGEING PROGRAMME	<ul style="list-style-type: none"> <li>• Rough texture</li> <li>• Excessive sagging near eyes, abundance of fine lines and wrinkles, dehydration</li> <li>• Excessive uneven skin tone and age spots</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of cellular turnover and natural exfoliation</li> <li>• Significant reduction in collagen and natural hydration production</li> <li>• Severe uneven pigment distribution</li> </ul>



### DAILY SKINCARE PROGRAMME

The first line of defense against fine lines and wrinkles is to keep skin hydrated and protected from damaging sun exposure. It starts with a basic skincare programme that uses high levels of high-performance ingredients to aid in the fight against the natural ageing process. The Daily Skincare Program is an everyday skincare essential to help strengthen and maintain healthy-looking skin. It is specifically targeted to:

- Help preserve and maintain a youthful-looking complexion
- Help prevent future damage by protecting skin from the sun
- Improve and maintain the appearance of even skin tone and finer pores
- Keep skin hydrated

### CONTENTS

Exfoliating Cleanser	60 mL / 2 Fl. Oz.
Exfoliating Polish	Net Wt. 16.2 g / 0.57 Oz.
Complexion Renewal Pads	30 Pads
Daily Power Defense	30 mL / 1 Fl. Oz.



### ANTI-AGEING PROGRAMME

This moderately aggressive programme, with highly advanced anti-aging ingredients, is designed, to help reduce the appearance of early or significant signs of environmental and chronological ageing. The Anti-Ageing Programme uses potent ingredients, concentrated formulas and aggressive delivery systems to improve and strengthen skin's appearance and protect against future damage. It is specifically targeted to:

- Help reduce the appearance of fine lines and wrinkles
- Promote a more even skin tone and finer pore appearance
- Preserve and maintain a youthful-looking complexion
- Help prevent future skin damage by protecting against the harmful effects of the sun

### CONTENTS

Exfoliating Cleanser	60 mL / 2 Fl. Oz.
Exfoliating Polish	16.2 g / 0.57 Oz.
Complexion Renewal Pads	30 Pads
Daily Power Defense	30 mL / 1 Fl. Oz.
Growth Factor Serum	30 mL / 1 Fl. Oz.



### AGGRESSIVE ANTI-AGEING PROGRAMME

Deeper lines and wrinkles, hyperpigmentation (age spots, sun damage) and thinning skin with reduced elasticity/firmness all require more aggressive treatment. The Aggressive Anti-Ageing Programme features potent formulas with enzymes, a functional hydrator, and antioxidants containing a high concentration of retinol—a topical ingredient proven to mitigate the effects of both environmental and chronological skin ageing. This programme is specifically targeted to:

- Help reduce the appearance of deeper lines and wrinkles
- Minimise the appearance of hyperpigmentation and “age spots”
- Promote a more even-looking skin tone
- Aid in strengthening the skin by keeping hydration at the proper level
- Help maintain results achieved with lasers or medical treatments

### CONTENTS

Hydrating Cleanser	60 mL / 2 Fl. Oz.
Exfoliating Polish	16.2 g / 0.57 Oz.
Complexion Renewal Pads	30 Pads
Daily Power Defense	30 mL / 1 Fl. Oz.
Radical Night Repair	30 mL / 1 Fl. Oz.
Renewal Crème	50 mL / 1.7 Fl. Oz.

## STEP 2 PREVENT + CORRECT / BRIGHTENING

### SUPERIOR TECHNOLOGY

A core objective for ZO® is to use the best and most effective ingredients available – with the goal of delivering the best results. The Brightalive® technology contains a breakthrough blend of ingredients that addresses discoloration seven different ways, resulting in superior results without irritation or stinging.



### BRIGHTALIVE® SKIN BRIGHTENER

This non-retinol skin brightener is formulated to even skin tone, reduce dark spots and restore hydration, while calming and soothing irritated skin.

50 mL / 1.7 Fl. Oz.

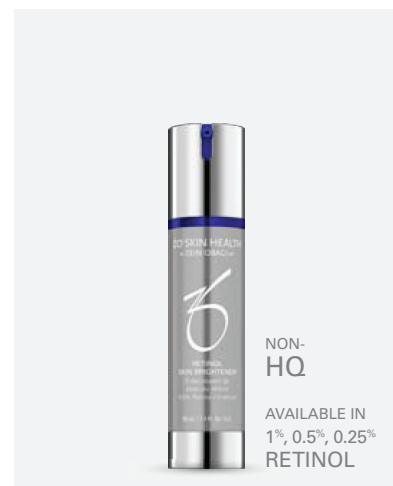
### PROVIDING THE BENEFITS OF BOTH HYDROQUINONE AND NON-HYDROQUINONE TREATMENTS

#### HYDROQUINONE

Hydroquinone is a highly effective treatment of moderate to severe hyperpigmentation, especially melasma. This potent compound gradually bleaches and lightens skin conditions such as chloasma, freckles, lentigines and sun damage. Hydroquinone should be used for a maximum treatment period of five months in order to avoid inflammation, rebound hyperpigmentation and reduced tolerance. After this treatment period, patients can maintain their results with the ZO® Non-Hydroquinone Brightening System.

#### NON-HYDROQUINONE

For patients who want an effective hyperpigmentation treatment without hydroquinone, the ZO® Non-Hydroquinone Brightening Portfolio is the optimal choice. These brightening treatments rapidly brighten and even skin tone, minimise redness, improve skin colour and reverse the signs of ageing.



### RETINOL SKIN BRIGHTENER

This effective retinol blend reduces the appearance of uneven skin tone and age spots, and provides antioxidant protection for a brighter skin tone.

50 mL / 1.7 Fl. Oz.



**PIGMENT CONTROL CRÈME**

This crème contains 4% hydroquinone and glycolic acid to correct pigmentation disorders, promote even skin tones and mitigate pigment-forming irritations.

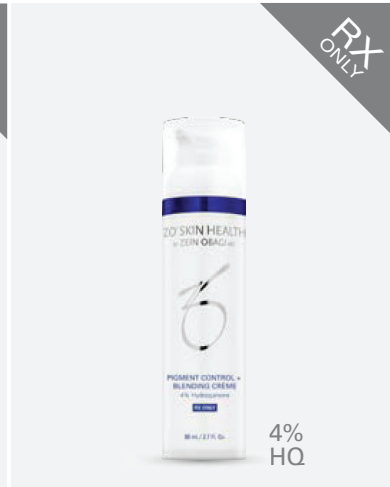
80 mL / 2.7 Fl. Oz.



**PIGMENT CONTROL + BRIGHTENING CRÈME**

Containing a powerful blend of 4% hydroquinone and 20% vitamin C, this bleaching and correcting crème treats the most severe and advanced forms of skin hyperpigmentation.

81 mL / 2.7 Fl. Oz.



**PIGMENT CONTROL + BLENDING CRÈME**

This blending crème containing 4% hydroquinone, the optimal concentration for melanin inhibition to correct skin pigmentation disorders.

80 mL / 2.7 Fl. Oz.



**REFISSA®**

This prescription-strength .05% tretinoin helps diminish fine facial wrinkles + fade irregular pigmentation due to sun damage.

Net Wt. 20 g

## STEP 2 PREVENT + CORRECT / BRIGHTENING

### TARGETED PROGRAMME SOLUTIONS

These comprehensive programmes are designed specifically to provide solutions for some of the most common skin concerns. ZO® offers programmes that feature solutions for brightening, with both hydroquinone and non-hydroquinone options; therapeutic treatments for red, sensitised skin; and acne prevention and treatment – all conveniently air-travel safe.



### PIGMENT CONTROL PROGRAM + HYDROQUINONE

Dr. Zein Obagi designed this all-encompassing programme to help treat hyperpigmentation, severe texture damage and sun damage, and to provide general skin health restoration.

- Treats moderate to severe hyperpigmentation, especially melasma
- Treats severely dry, dull and leathery textured skin to help restore a smooth, healthy glow
- Treats visible sun spots and damage
- Provides longer-lasting results when used for pre or post-procedure skin conditioning
- Improves the overall quality, health and appearance of the skin

### CONTENTS

Gentle Cleanser	60 mL / 2 Fl. Oz.
Exfoliating Polish	Net Wt. 16.2 g / 0.57 Oz.
Complexion Renewal Pads	30 Pads
Pigment Control Crème	30 mL / 1 Fl. Oz.
Daily Power Defense	30 mL / 1 Fl. Oz.
Pigment Control + Blending Crème	30 mL / 1 Fl. Oz.





### SKIN BRIGHTENING PROGRAMME + TEXTURE REPAIR

Zein Obagi, MD, designed this system to reduce the appearance of hyperpigmentation without the use of hydroquinone. It is specifically designed to promote a smooth, even skin tone. Potent retinol, skin brighteners, vitamin C and antioxidants are released to rapidly brighten and even skin tone quality and improve the appearance of skin's texture and firmness.

- Ideal for improving the appearance of hyperpigmentation either when hydroquinone treatment is completed or contraindicated, or as maintenance
- For use after completing a course of hydroquinone for four-five months
- For use when skin bleaching is not desired and even with colour tone is the objective
- Effective for reducing the appearance of fine lines and wrinkles

### CONTENTS

Retinol Skin Brightener	30 mL / 1 Fl. Oz.
Brightalive® Skin Brightener	30 mL / 1 Fl. Oz.
Wrinkle + Texture Repair	30 mL / 1 Fl. Oz.
Daily Power Defense	30 mL / 1 Fl. Oz.



### SKIN BRIGHTENING PROGRAMME

This skin brightening programme features a non-retinol skin brightener that works to brighten skin tone and lessen the appearance of discoloration, while a potent dose of vitamin C redefines skin, minimising the appearance of fine lines and wrinkles. Mild enough for everyday use.

### CONTENTS

Gentle Cleanser	60 mL / 2 Fl. Oz.
Exfoliating Polish	Net Wt. 16.2 g / .57 Oz.
Complexion Renewal Pads	30 Pads
Daily Power Defense	30 mL / 1 Fl. Oz.
Brightalive® Skin Brightener	30 mL / 1 Fl. Oz.

## STEP 2 PREVENT + CORRECT / ACNE



### ACNE CONTROL

This maximum-strength formula, with 10% micronized benzoyl peroxide, minimizes and treats acne lesions, controls oils and bacteria, soothes skin, and prevents future acne.

60 mL / 2 Fl. Oz.



### SULFUR MASQUE

This natural, clay-based masque, comprising 10% sulfur, treats and prevents acne, cleanses clogged pores, absorbs excess surface oils, and hydrates skin.

Net Wt. 85 g / 3 Oz.



### ACNE PREVENTION + TREATMENT PROGRAMME

When skin does not exfoliate as it should, dead cells build up on the skin's surface and inside the pores. The dead skin cells then mix with trapped oil and the pores become clogged, resulting in blackheads and whiteheads. The Acne Prevention + Treatment Programme features essential ingredients to slow sebum activity and break down surface oils, while exfoliating dead skin cells to help repair surface damage, tighten pores and improve skin texture. It is specifically formulated to:

- Control excess oil production
- Remove dead skin cells
- Stimulate healthy cell renewal
- Boost skin's natural production of collagen
- Calm and soothe inflamed and irritated skin

### CONTENTS

Exfoliating Cleanser	200 mL / 6.7 Fl. Oz.
Exfoliating Polish	Net Wt. 65 g / 2.3 Oz.
Complexion Renewal Pads	60 Pads
Sulfur Masque	Net Wt. 85 g / 3 Oz.



**ROZATROL®**

For red, sensitised skin, this treatment serum, with ZO-RRS2® complex, reduces excess surface oil to normalise skin, and exfoliates to prevent signs of premature ageing.

50 mL / 1.7 Fl. Oz.



**SKIN NORMALISING SYSTEM  
THERAPEUTIC TREATMENT FOR RED, SENSITISED SKIN**

The ZO® Skin Normalising System is a complete selection of products for red, sensitised skin. This system features Rozatrol®, a multi-modal treatment that relieves the visible symptoms known to be associated with rosacea.

**CONTENTS**

Gentle Cleanser	60 mL / 2 Fl. Oz.
Exfoliating Polish	Net Wt. 16.2 g / .57 Oz.
Oil Control Pads	60 Pads
Daily Power Defense	30 mL / 1 Fl. Oz.
Rozatrol®	20 mL / .67 Fl. Oz.

STEP 3

**PROTECT**

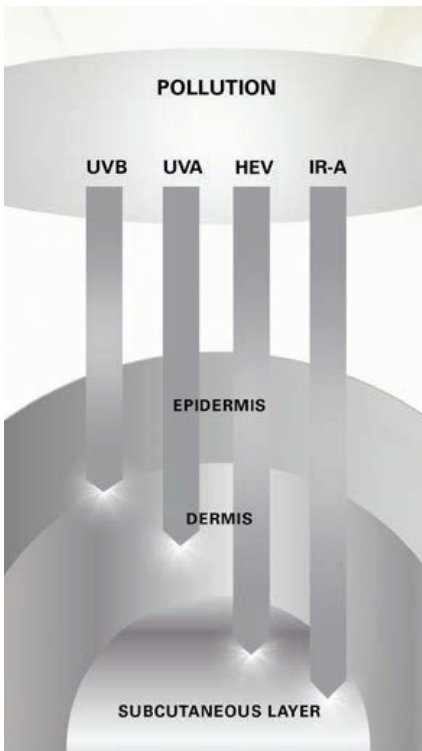
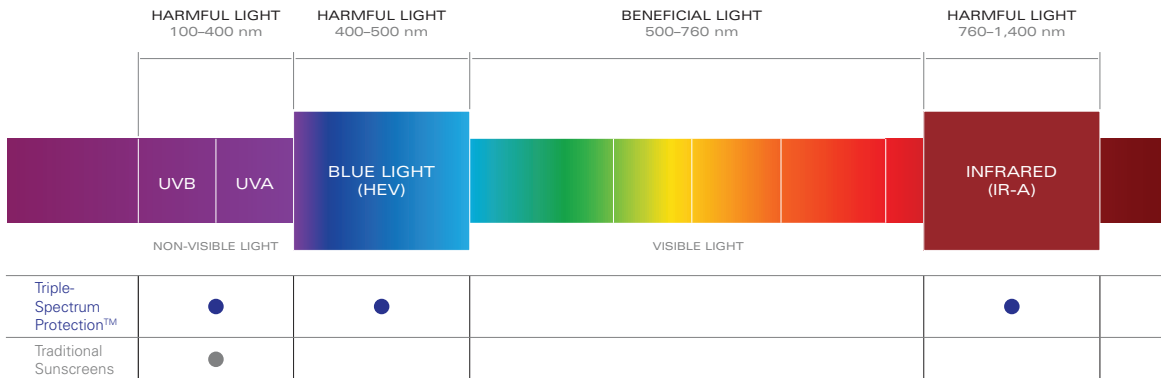
*Triple-Spectrum Protection™*



## STEP 3 PROTECT / SUN PROTECTION

### THE POWER OF TRIPLE-SPECTRUM PROTECTION™

The ZO® sun protection portfolio offers scientifically superior sunscreens with the broadest, most comprehensive range of sun protection available. Our advanced, Triple-Spectrum Protection™ shields against UVA/UVB, high-energy visible (HEV) light and IR-A (infrared) rays.



#### SUNSCREENS PROTECT AGAINST UVA/UVB RAYS

The ZO® sun protection portfolio offers both physical and chemical sunscreens that provide broad-spectrum protection against harmful, skin-ageing UVA rays and skin-burning UVB rays. Our physical sunscreens incorporate proven titanium dioxide, which is proven to be effective, while our chemical sunscreens incorporate a blend of FDA-approved filters. All ZO® sunscreens are oxybenzone free.

#### FRACTIONATED MELANIN PROTECTS AGAINST HEV LIGHT

Fractionated melanin shields the skin from the ageing effects of HEV light. Protection from this light is especially important, as exposure comes from many daily sources including the sun, fluorescent and LED lighting, smart phones, computers, tablets and more.

#### ANTIOXIDANTS PROTECT AGAINST IR-A RAYS

Engineered with our exclusive 12-hour, time-release ZO<sup>X12</sup>® complex, our sunscreens help shield the skin from harmful IR-A rays. They also help protect the skin from free-radical damage and prevent future signs of premature ageing.



**SUNSCREEN + PRIMER  
BROAD-SPECTRUM SPF 30**

This dual-action sunscreen, with ZOXT12® complex, protects against the damaging effects from UVA/UVB and IR-A rays, and from HEV light. Hydrates and doubles as a makeup primer for a smooth matte finish, diminishing skin imperfections.

30 mL / 1 Fl. Oz.



**BROAD-SPECTRUM  
SUNSCREEN SPF 50**

For sensitive and post-procedure skin, this lightweight, non-irritating mineral sunscreen, with ZOXT12® complex, protects against damaging effects from UVA/UVB and IR-A rays, and from HEV light.

Net Wt. 118 g / 4 Oz.



**SMART TONE  
BROAD-SPECTRUM SPF 50**

Designed to blend into most skin tones, this ultra-lightweight sunscreen, featuring ZOXT12® complex, protects against the ageing effects from UVA/UVB and IR-A rays, and from HEV light.

45 mL / 1.5 Fl. Oz.



**DAILY SHEER  
BROAD-SPECTRUM SPF 50**

Water and perspiration resistant, this non-greasy sunscreen, with ZOXT12® complex dries quickly with a sheer matte finish to shield against UVA/UVB and IR-A rays, and HEV light. Protects while also hydrating.

45 mL / 1.5 Fl. Oz.

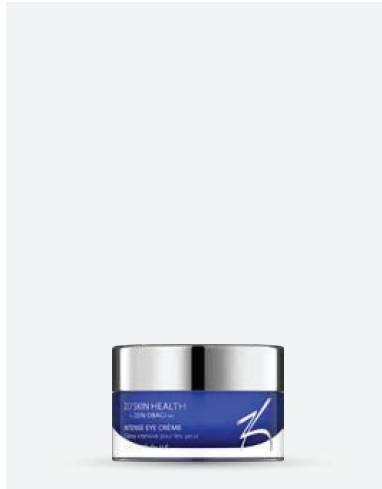
# SUPPLEMENTARY

*Eye. Hydration + Calming. Body.*



**IMPORTANCE OF EYE TREATMENT**

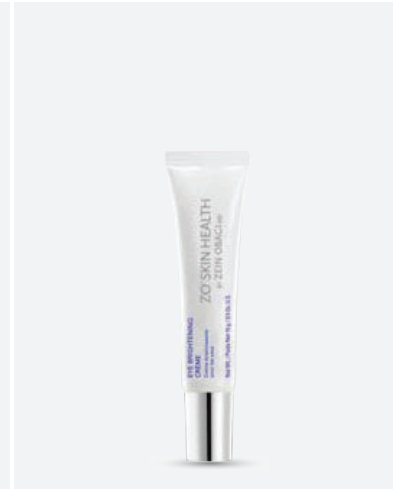
The eyes are one of the first places to show signs of ageing. Taking care of your eyes is a critical step in maintaining youthful-looking, healthy skin. Leveraging technologies that provide instant benefits to help reduce dark circles under the eyes, these products are staples in any skincare regimen.



**INTENSE EYE CRÈME**

This anti-ageing eye treatment, with retinol, helps reduce dark circles under the eyes, minimises fine lines and wrinkles, and improves overall complexion for an even tone.

15 mL / 0.5 Fl. Oz.



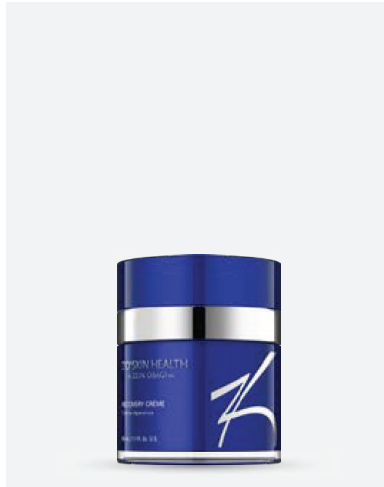
**EYE BRIGHTENING CRÈME**

This advanced anti-ageing treatment, with retinol and ZPRO® complex, targets those dark circles under the eyes, reduces puffiness, and minimises fine lines and wrinkles.

Net Wt. 15 g / 0.5 Fl. Oz.

## HYDRATORS

Using the wrong product, especially a moisturiser, can do more harm to your skin than good. ZO® hydrators are developed to soothe irritation and refresh appearance while ensuring that the skin's natural moisture balance is restored.



### RECOVERY CRÈME

For dry and sensitive skin, this rich emollient contains retinol to reduce fine lines and wrinkles, along with ceramides to hydrate and smooth skin for a refreshed appearance.

50 mL / 1.7 Fl. Oz.



### RENEWAL CRÈME

For oily and acne-prone skin, this lightweight renewal crème with retinol hydrates skin, soothes irritations, minimises redness, reduces wrinkles and evens skin tone.

50 mL / 1.7 Fl. Oz.



### HYDRATING CRÈME

This lightweight rejuvenating formula, with ZO<sup>12</sup>® complex, minimises fine lines and delivers hydrating and calming benefits for post-procedure or dry, irritated skin.

Net Wt. 113 g / 4 Oz.

### BODY PRODUCTS

Restoring skin health is not just for the face – ensure skin is functioning optimally by integrating body care into your routine. Whether treating cellulite + ageing or preventing future damage, a body regimen is a key step on the path to healthy skin.



#### CELLULITE CONTROL

This cellulite-minimising formula, with plankton extract, works 24/7 to diminish "orange peel" texture and to smooth hips, thighs and buttocks for a slimmer appearance.

Net Wt. 150 g / 5.3 Oz.

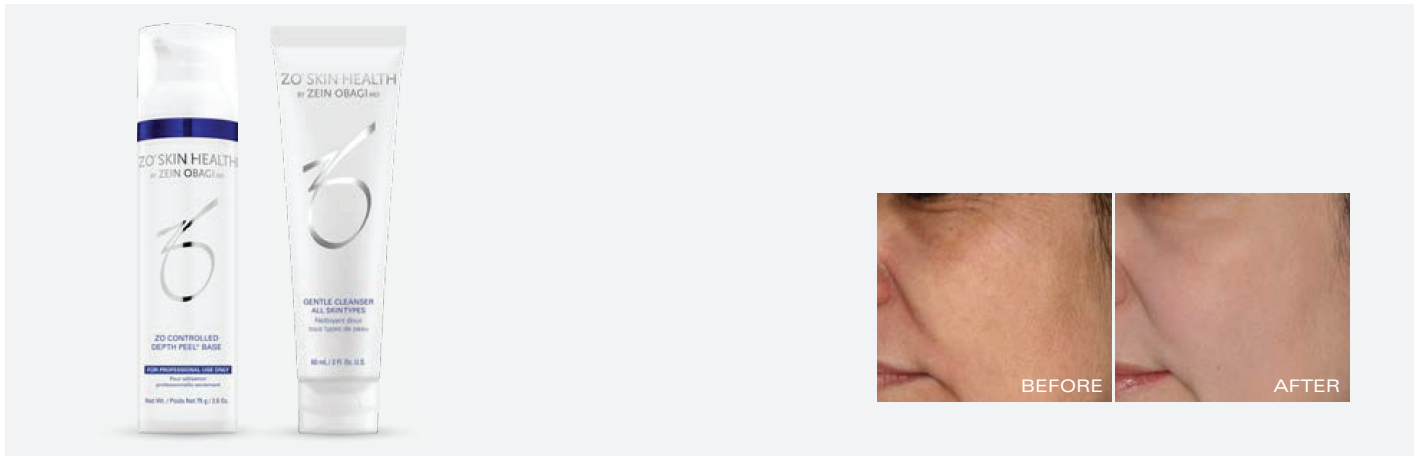
#### BODY EMULSION

This multi-action body treatment improves quality, smoothness and overall appearance of healthy skin. Softens and resurfaces dry skin, while retinol evens skin tone.

240 mL / 8 Fl. Oz.

# PROFESSIONAL TREATMENTS





### ZO CONTROLLED DEPTH PEEL®

Peel Strength: Aggressive

The ZO Controlled Depth Peel® is a robust in-office peel that provides dermal and epidermal stimulation and stabilisation for a faster recovery and excellent results. Utilising a concentration of trichloroacetic acid (TCA) buffered for different skin types, this unique ZO® Signature Peel allows physicians to precisely tailor treatment for a range of conditions. The unique peel formula contains a colored base that serves as visual guidance for controlled application over the treatment area based on the patient's desired treatment results.

- Reduces brown spots, age spots and uneven pigmentation
- Minimises or eliminates the appearance of melasma
- Improves the texture of leathery, sun-damaged skin
- Treats acne and post-inflammatory hyperpigmentation
- Reduces the prevalence of fine lines and wrinkles, and tightens lax skin

### INDICATIONS

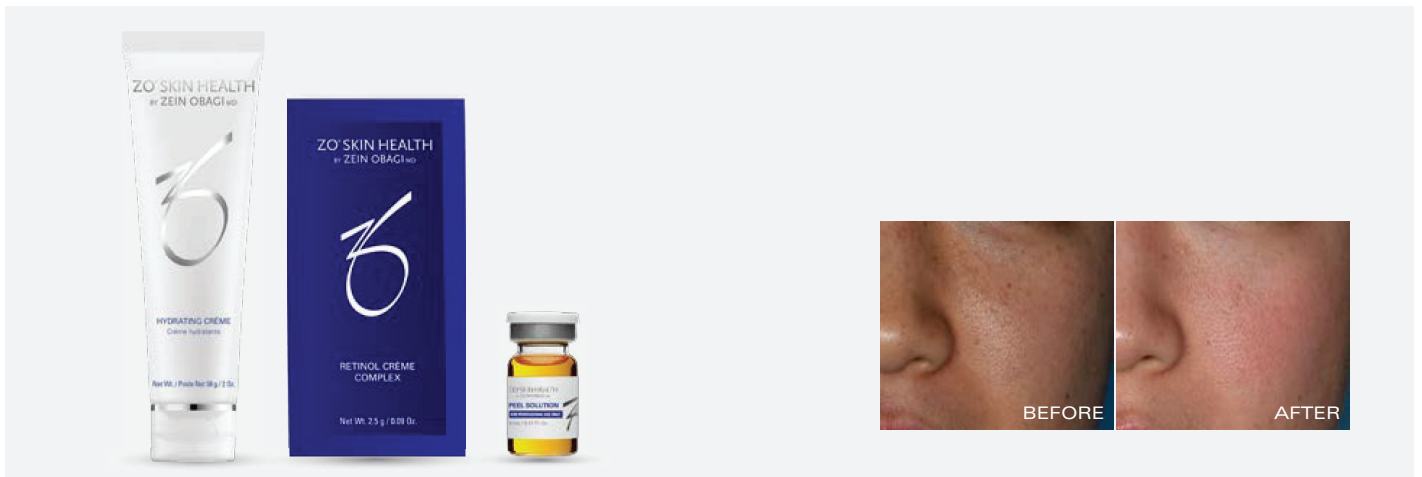
Melasma, scars, severe skin laxity and severe textural damage

### USAGE / FREQUENCY

Subject to physician

### HEALING TIME

5–14 days



### ZO 3-STEP PEEL®

Peel Strength: Aggressive

The ZO 3-Step Peel® is a potent peel that maximises texture improvement and produces longer-lasting results than ordinary peels. The first step contains a blend of TCA, salicylic and lactic acids to remove the outer layer of the epidermis. The second step utilises a 6% retinol crème complex and other agents to help reverse signs of ageing. The third step rapidly relieves skin irritation and redness while re-balancing vital moisture content.

- Improves skin's ability to repair and renew for softer, more even skin tone
- Provides powerful antioxidants that help repair skin damage from pollution
- Enhances skin's natural DNA protection
- Boosts collagen for visible firming and wrinkle reduction
- Supports barrier restoration

### INDICATIONS

Rough texture, uneven skin tone, dullness and fine lines

### USAGE / FREQUENCY

Every month or as directed by a physician

### HEALING TIME

3–5 days



## STIMULATOR PEEL

Peel Strength: Mild

The Stimulator Peel incorporates three essential formulas that prep, peel and neutralise the skin so it looks and feels healthier without irritation or down time. The prep formula first breaks down the lipid barrier to prepare the skin for enhanced penetration of the peel into the epidermis. Next, the peel solution, which utilises a combination of alpha hydroxy acids (citric, glycolic and lactic acids), is applied to provide both epidermal exfoliation and renewal. Finally, a neutraliser is applied to calm and soothe the skin while restoring it back to a normal pH.

- Stimulates epidermal turnover
- Accelerates exfoliation
- Evens skin tone and improves pigmentation
- Minimizes appearance of fine lines
- Leaves skin calm without irritation

## INDICATIONS

Fine lines, dullness, rough texture and uneven skin tone

## USAGE / FREQUENCY

Every week

## HEALING TIME

None



## AT-HOME TREATMENT



## POST PROCEDURE PROGRAMME

The Post Procedure Program, developed by Zein Obagi MD, is the most effective programme for post procedure skin management. It is designed for use after laser procedures, chemical peels or any combined ablative treatment. All the products within the programme are formulated to synergistically deliver the most advanced technology available to protect and soothe skin while natural re-epithelialisation of the skin is completed.

- Helps accelerate tissue recovery
- Prevents skin cracking and scab formation
- Helps provide a barrier against infection
- Promotes natural skin recovery
- Provides comfort to irritated skin

## CONTENTS

Firming Serum	47 mL / 1.6 Fl. Oz.
Gentle Cleanser	60 mL / 2.0 Fl. Oz.
Hydrating Crème	113 g / 4 Fl. Oz.
Soothing Ointment	50 mL / 1.7 Fl. Oz.
Astringent Solution Powder	10 ea. 6 g / 0.21 Oz.







ZO® SKIN HEALTH